

October 24, 2010

Well my quad bypass turned out to be a triple. I'll find out more about that when I meet the surgeon but the important thing was that I am home and on my way to recovery.

Unfortunately, I had to take a detour home from the hospital (operated on the 15<sup>th</sup> and released the 18<sup>th</sup>). Marylou had come down with a full blown case of bronchitis and so we decided that it would be wise for me to spend a few days with our daughter. Christie has been a physical therapist for 24 years and so taking care of even a grouchy old man like me was no problem for her. I was relieved to be greeted at home Thursday by my still rather ailing wife. And my sons and neighbors have helped with groceries and other household duties.

So I am now dutifully trying to do all of my exercises, eat healthy and recover. I get tired very easily and so I haven't done much on web sites or e-mails but I plan to do more soon.

Thanks to all of the kind phone calls, cards, prayers and well wishes.

Jim